

# Bed Lever - handle height options.

- As mattresses get deeper, your Bed Lever handle needs to be longer.
- Choosing a handle height that extends 300mm above your mattress, allows the handle to be within easy reach.
- This enables a safer user experience and will inspire your client with more confidence.





3/11S-CC-L

700mm

325 - 450mm

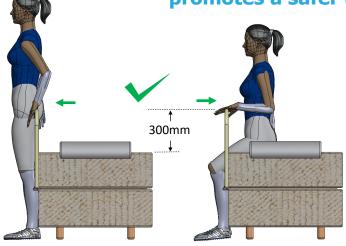
### Maximise the effectiveness of your Bed Lever.

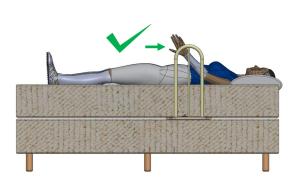


Choose a handle length that takes the mattress depth into account.

Correctly chosen and fitted Multifit Bed Levers provide a safe and stable hand hold, within easy reach when going from laying - sitting - standing. For users with weak limbs or poor balance this inspires confidence and promotes a safer user experience.

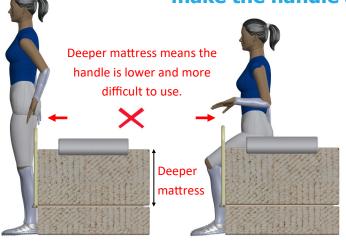
Ideal handle height enables good posture, inspires confidence and promotes a safer user experience.



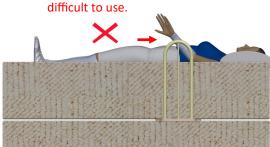


The bed above is 250mm deep, with our Standard Bed lever fitted that extends 300mm above the beds surface. This is ideal as it maximises the usefulness of the handle and enables best posture when getting in or out of bed.

## A handle height too low results in over-reaching problems which make the handle awkward to use.



Deeper mattress means the handle is lower and more



Deeper mattresses require a longer handle in order to maintain the correct handle height above the bed. Handles that are too low or too high can result in the user over reaching which is less that ideal and promotes poor posture.

### **Mattresses becoming deeper**

In the last 10 years, mattresses have become deeper, with the addition of cushion top comfort layers. Some people add a topper or a pressure relieving overlay as well, which makes the overall mattress depth even deeper still.

Taking these factors into account and knowing that the Bed Lever handle needs to extend above the surface of your bed to a height which allows the user to make the most use of the handle, we now have three handle heights available.

#### **Recommended Bed Lever**



Mattress depth	PRODUCT CODE	Handle length
150 - 250mm	3/11S-CC	550mm
250 - 325mm	3/11S-CC-M	625mm
325 - 450mm	3/11S-CC-L	700mm

