

# Bed Lever MF 3/11S-CC

Placed between the mattress and the base of your bed, the Bed Lever provides a useful handhold to assist you on and off your bed. The correct height handle can prevent over reaching and inspire confidence, promoting a safer independent user experience.

## Mattresses are getting deeper

Many new mattresses have plush comfort layers, topper pads or pressure relieving toppers. This makes the overall mattress deeper. Therefore a longer Bed Lever handle is needed. See below our "Handle Height Options"



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## The correct rail height can make using the rail significantly easier.

Getting the handle at the best height can make it significantly easier to use. Our tests show that a handle 300mm above the mattress typically allows it to be within reach and provide more than 46% more leverage than a 200mm high rail. Correct height can make a big difference and is worth pursuing.

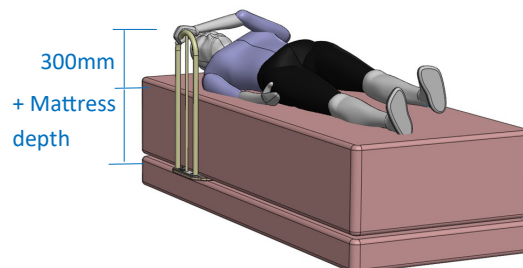
### The best handle height :

- Enables the handle to be within your reach.
- Provides you with more leverage, making it easier to use.
- Enables you to get out of bed with up to 46% less effort.

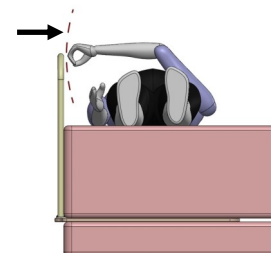
Ref Bed Lever 300 vs 200mm handle case study 150323-1

### Specifications

Max user.	150kg (25 Stone) when fitted to a double bed.
Handle size	225 wide x 25mm Diameter.
Base size	340 W x 800 L x16 D (all measurements in mm)
Bed types	Divan & Inner-sprung beds. Not suit profile beds.



This is the ark your arm makes. A handle height of 300mm brings your hand closest to the handle & maximises your leverage.



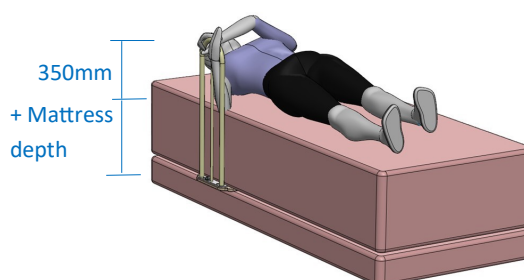
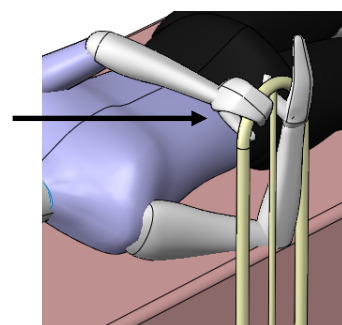
## Use two hands for even more assistance with even less effort.

For even more assistance with even less effort you can use two hands. Simply place one hand under the handle and your other hand on the top of the handle. This works well because the handle is always within easy reach of your hand which is closest to the bedside. Then with two arms you have double the strength to help your self up to a sitting position. You will also find the technique very useful for getting your legs back onto your bed.

**NOTE :** to use this technique you will need to choose a handle height 350mm + your mattress depth.

### Handle Height options

Handle height	PRODUCT CODE
550mm (Band 1)	3/11S-CC
625mm	3/11S-CC-M
700mm	3/11S-CC-L



**Correct fitting is essential for safe use**